

ST CUTHBERT WITH ST AIDAN'S DURHAM SAFEGUARDING IN OUR PARISH – WHO'S WHO

VICAR – Rev Canon Caroline Dick	0794 774 1517
CHURCHWARDENS Barbara Gow – St Cuthbert's Phil Blackburn – St Cuthbert's phil.blackburn307@gmail.com Duncan Cadd – St Aidan's dunckx@freeuk.com	0791 517 6474
PARISH SAFEGUARDING OFFICER Elaine Kilgannon	0790 320 9916
DIOCESAN SAFEGUARDING ADVISOR Beth Miller Address: Cuthbert House, Stonebridge, Durham DH1 3RY Email: beth@bethmillerisw.co.uk beth.miller@durham.anglican.org	0796 803 4075
LOCAL AUTHORITY If you are concerned about a vulnerable adult who is at risk of neglect or abuse and lives in County Durham, call Social Care Direct on.	03000 267 979

If you have information about a safeguarding situation where a child or adult is in immediate danger or requires immediate medical attention, call 999.

Other organisations who can provide support

NSPCC Child Protection Helpline: 0808 800 5000 (lines free and open 24 hours).

Phone if you are worried about a child.

Child-line: 0800 1111 (lines free and open 24 hours).

Phone if you are a child or young person and are worried about anything.

National Domestic Violence Helpline: 0808 2000 247 (lines free and open 24 hours).

Phone if you are experiencing domestic abuse.

Samaritans Helpline: 116 123 (open 24 hours).

Phone if you feel you are struggling to cope and need someone to talk to.

Action on Elder Abuse Helpline: 080 8808 8141 (free phone Monday to Friday 9-5 pm)

NAPAC (The National Association for People Abused in Childhood) 0808 801 0331 (Monday – Thursday 10am – 9pm Friday 10am – 6pm) or email support@napac.org.uk

The Survivors Trust: 08088 010818 (free 7 day a week helpline) or email helpline@thesurvivorstrust.org